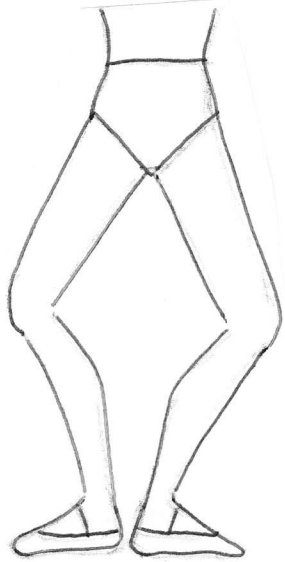
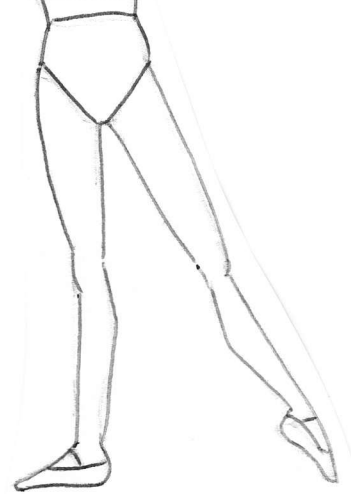


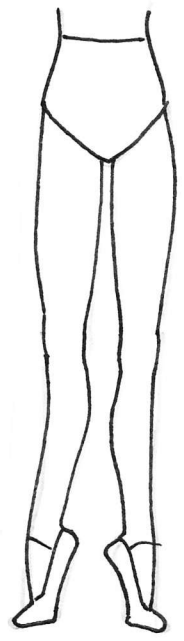
PLIE TO BEND



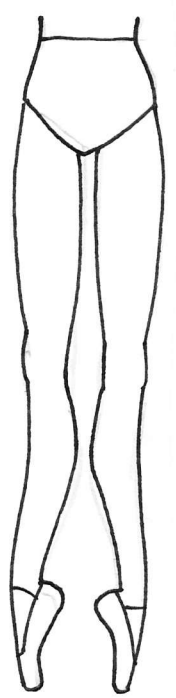
ETENDRE TO STRETCH



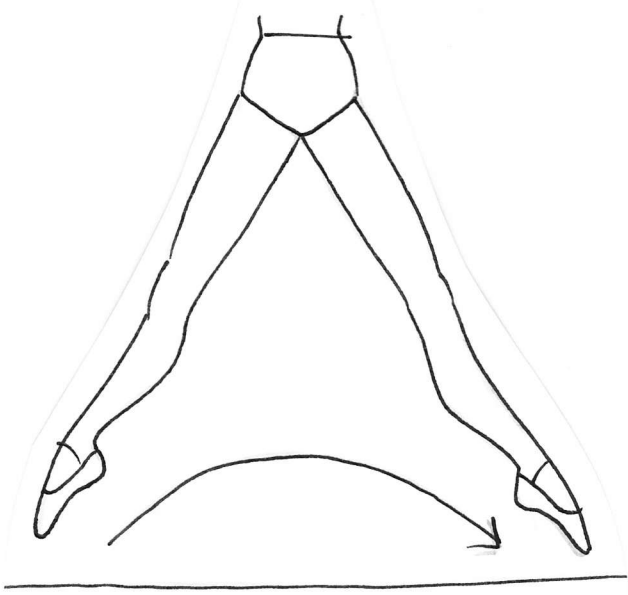
RELEVÉ TO RISE



SAUTÉ TO JUMP



GLISSE TO GLIDE

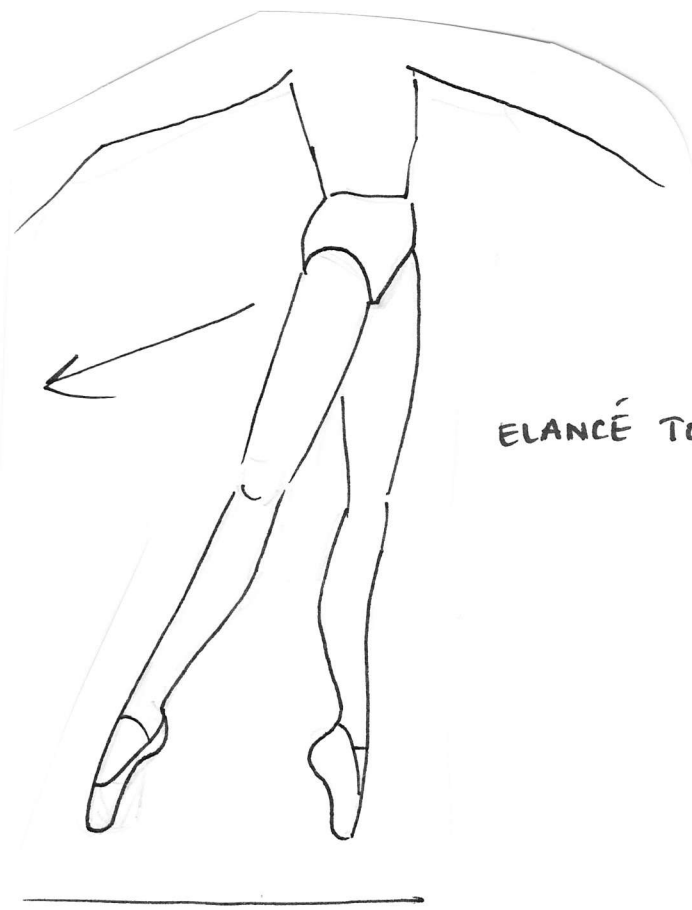


TOURNE TO TURN

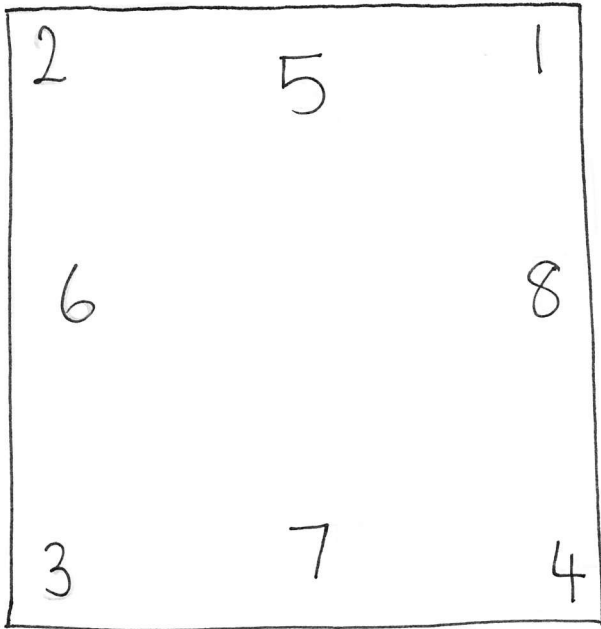


MOVEMENTS
IN
DANCE.

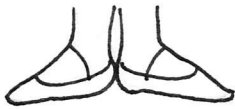
ELANCÉ TO DART



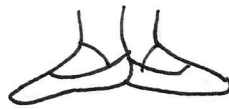
FRONT



4 CORNERS OF THE ROOM



1ST POSITION



3RD POSITION

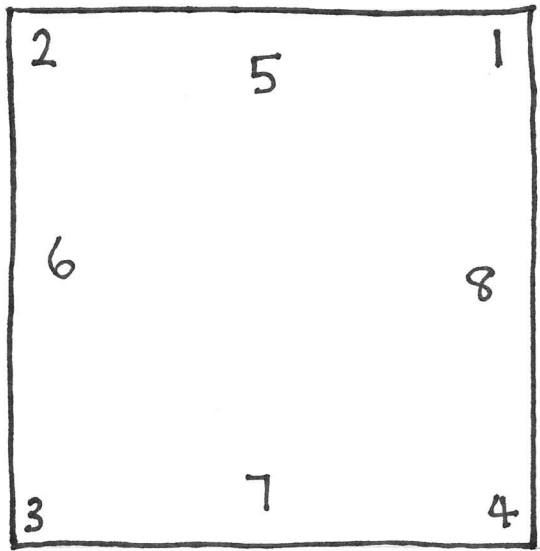


2ND POSITION

BASIC STEPS

- Echappé sautes from 1st
- Sideways Galops
- Sideways Polka
- Sautes in 1st
- Spring Points
- Step temps levé

FRONT



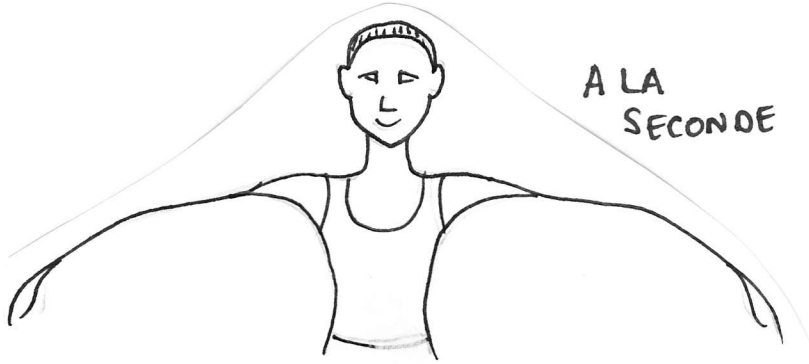
5th POSITION



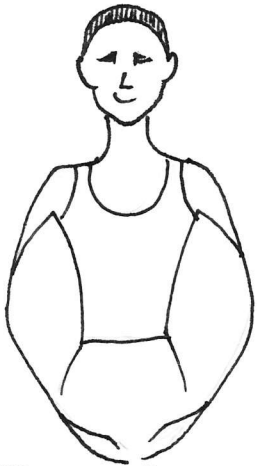
4th POSITION



8 POINTS OF THE ROOM



A LA SECONDE



5th EN BAS



5th EN AVANT



5th EN HAUT

BASIC STEPS

- Balletic Polka sideways and forwards
- Forwards Galops.
- Changement
- Echappé sautes from 3rd.
- Pas de Chat
- Petit Jetes Devant and Derriere.
- Temps levé