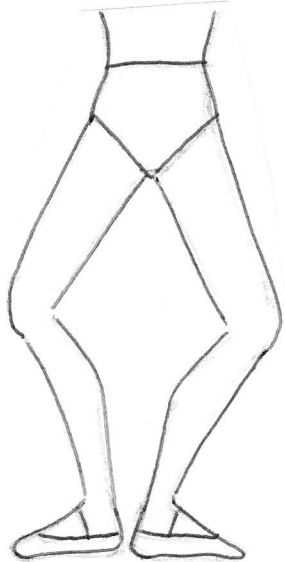
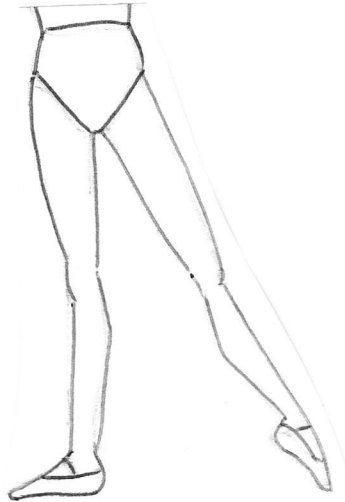


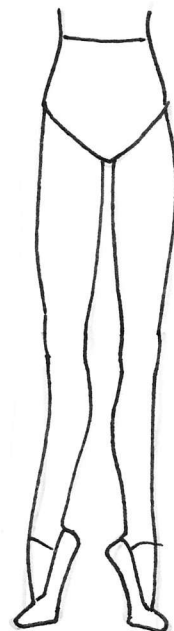
PLIE TO BEND



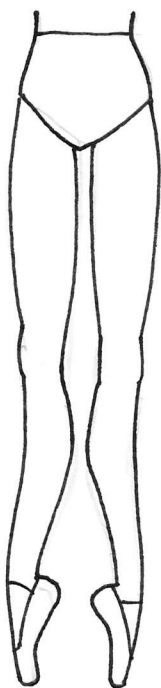
ETENDRE TO STRETCH



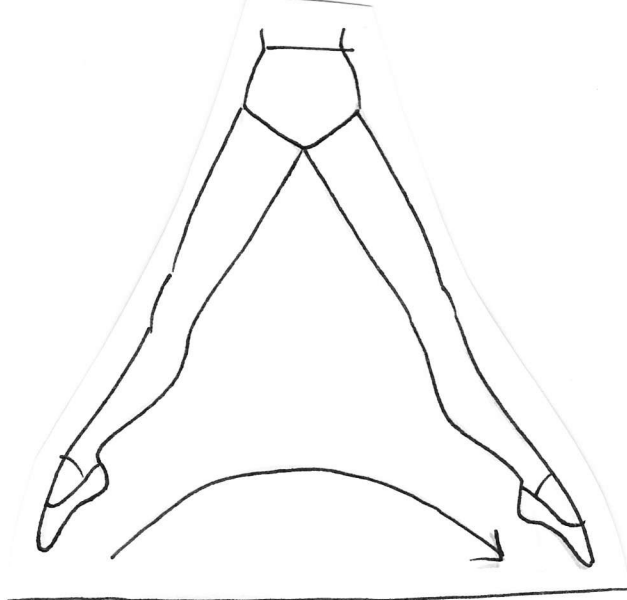
RELEVÉ TO RISE



SAUTÉ TO JUMP



GLISSE TO GLIDE



TOURNE TO TURN

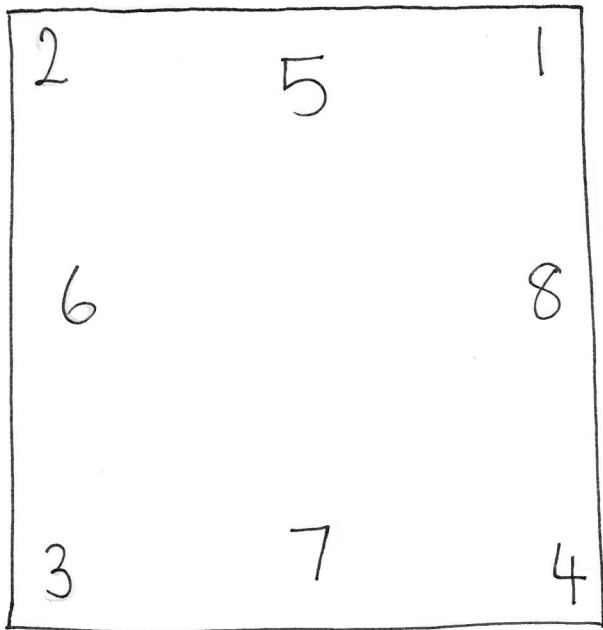


MOVEMENTS  
IN  
DANCE.

ELANCÉ TO DART



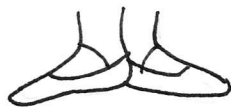
# FRONT



4 CORNERS OF THE ROOM



1<sup>st</sup> POSITION



3<sup>rd</sup> POSITION

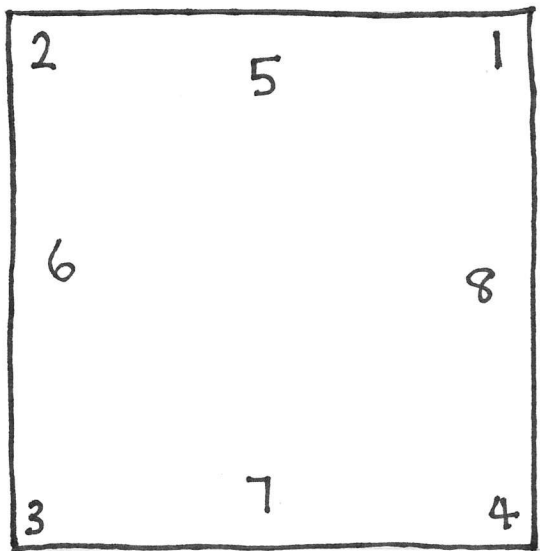


2<sup>nd</sup> POSITION

## BASIC STEPS

- Echappé sautes from 1<sup>st</sup>
- Sideways Galops
- Sideways Polka
- Sautes in 1<sup>st</sup>
- Spring Points
- Step temps levé

FRONT



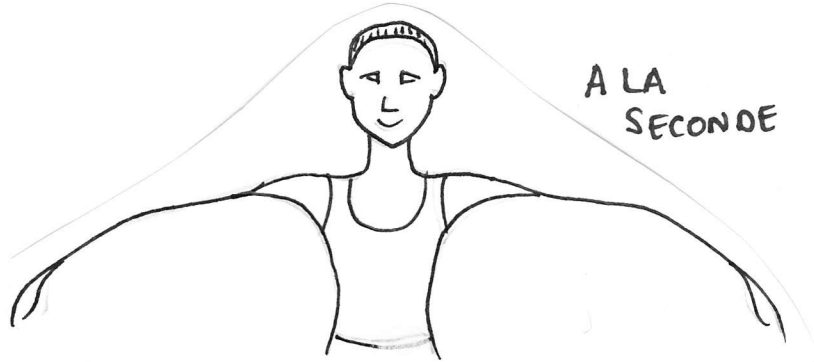
5th POSITION



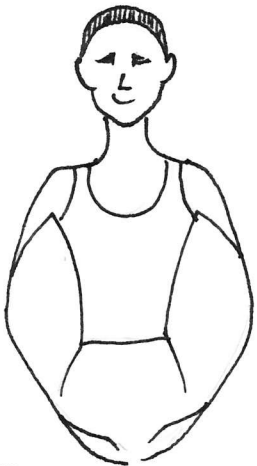
4th POSITION



8 POINTS OF THE ROOM



A LA SECONDE



5th EN BAS



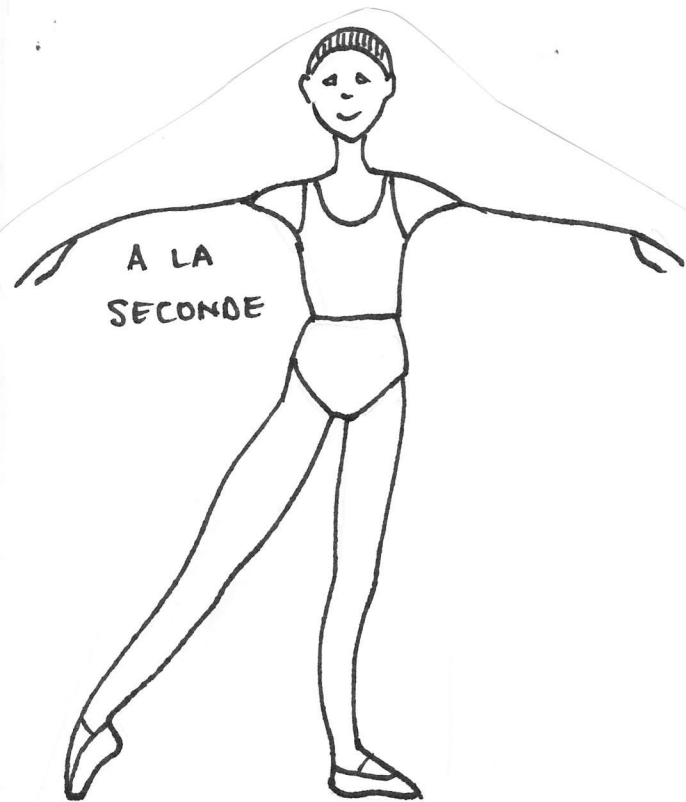
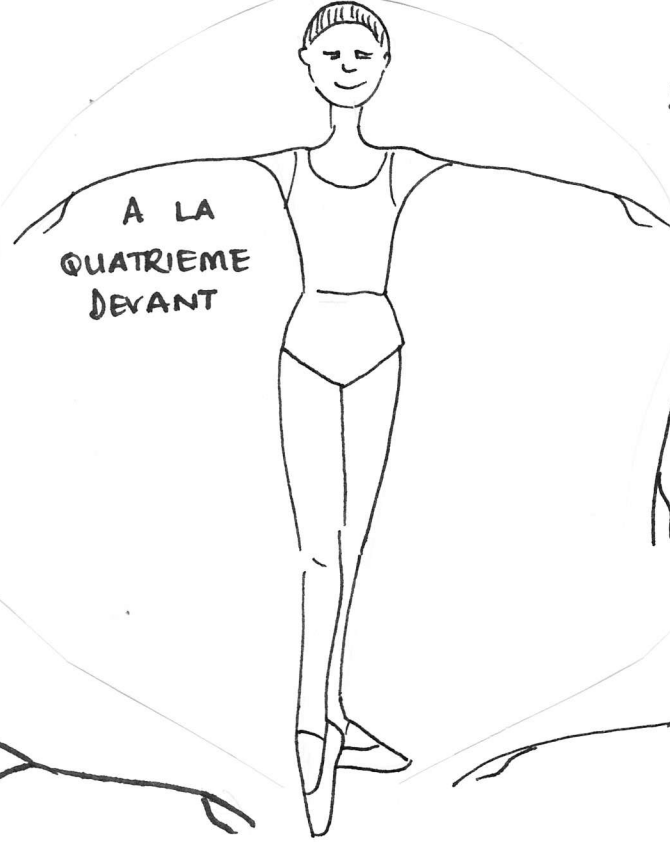
5th EN AVANT



5th EN HAUT

BASIC STEPS

- Balletic Polka sideways and forwards
- Forwards Galops.
- Changement
- Echappé sautes from 3rd.
- Pas de Chat
- Petit Jetes Devant and Derriere.
- Temps levé



### BASIC STEPS

- Assemblé over and under soutenu
- Balancé Sideways
- Chassé en avant
- Coupé under and over
- Jeté over and under
- Pas de bourée over and under de suite
- Posé coupé
- Posé en avant

### MOVEMENTS IN DANCE

- PLIE
- SAUTE

